

Dr. D. MANIAZHAGU Ph.D.,
Assistant Professor
Department of Physical Education and Health Sciences
Alagappa University
Karaikudi – 630 004
Tamilnadu, India.

CERTIFICATE

This is to certify that the thesis entitled “**EFFECTS OF AEROBIC DANCING AND YOGIC PRACTICES ON SELECTED HEALTH RELATED FITNESS PSYCHOLOGICAL AND BIOCHEMICAL VARIABLES AMONG COLLEGE WOMEN STUDENTS**” submitted by **R.KALAIARASI** for the award of the degree of DOCTOR OF PHILOSOPHY in Physical Education is a bonafide record of research done under my guidance and supervision and that the thesis has not formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar title earlier in India or abroad. It is also certified that the thesis represents an independent work on the part of the candidate.

Place:

(D. MANIAZHAGU)

Date:

SUPERVISOR